



ICE, ICE BABY

TAKE A BREATH ON A HOT SUMMER DAY AND CHILL WITH THESE FRESH NEW SUMMER COOLERS AND SMOOTHIES

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Frozen delights

Beat the rising mercury with new frozen yogurts called Froyo in two flavours: Original and Strawberry. And the best part is that you don't have to fret over the calories as these smoothies are low-fat, with happy, healthy bacteria thrown in. A combination of skimmed milk and yogurt infused with the tartness of fresh fruits, these concoctions will remind you of flavoured lassi. You can ask for a topping of fresh fruits like mangoes, strawberries, blueberry and watermelon (according to the season). These yogurts are freshly whipped up on order and taste just that, fresh.

OUR PICK THE STRAWBERRY FROZEN YOGURT IS TANGY AND REFRESHING. AT ALL MAMA MIA GELATO OUTLETS PRICE AVAILABLE IN TWO PORTIONS FOR RS 49 AND RS 59 AND TWO TOPPING SIZES AT RS 10 AND RS 20.

Power packed

Craving a chilled drink but the sugar content makes you hesitate? Having a Jus Booster smoothie might take care of this problem. Jus Smoothie, a Canada-based chain that recently set shop in Bangalore has offers the goodness of fresh berries like strawberries, blueberries and raspberries and other fruits (three-five servings), no-fat yogurt and absolutely no sugar. Freshly squeezed cranberry pineapple, orange,

passion fruit and guava juice are also on offer. Their health drinks section serves boosters which are herbal additives and supplements that add a nutritional factor, wheatgrass shots that help you detox and Acai (a berry found in Brazil) berry drinks that boosts your energy levels.

OUR PICK CHOCO BERRY, A SMOOTHIE MADE OF CHOCOLATE AND STRAWBERRIES.

AT JUS BOOSTER, BARTON CENTRE, MG ROAD, GARUDA MALL AND MANTRI MALL CALL 4099 4410/ 4112 6135 PRICE RS 39 TO RS 119

Fizz it up

Coffee shops are passé this summer. Hang out with friends with these summer coolers and thick shakes in an all-new, larger size. You can

choose between Apple Cinnamon Iced Tea, coolers like Mango Delight or Tangy Orange, Masala Lemonade and shakes like Hazelnut and Coffee Rendezvous and Cold Coffee.

OUR PICK THE MASALA LEMONADE IS TANGY, FIZZY AND SPICY AND REMINDS US OF KALA KHATTA. AT ALL PIZZA HUT OUTLETS PRICE RS 45 ONWARDS

Summer blast

Sip on a range of summer thirst quenchers at this Boston-based café chain. Their range includes lemonade, lemon iced tea and orange juice and shakes like Mango, Strawberry and Mocha Blasts.

OUR PICK THE MOCHA BLAST LIBERALLY DRIZZLED WITH CHOCOLATE SYRUP. AT AU BON PAIN, MG ROAD CALL 2558 6969 PRICE RS

